



**EUROPEAN INSTITUTE OF
COMPLEMENTARY THERAPIES**



The Essex Institute
Training in Clinical Hypnosis and Psychotherapy

European Institute of Complementary Therapies

International Professional Practitioner Course

Diploma in Hypnotherapy & Psychotherapy

Advanced Diploma in Psychotherapy

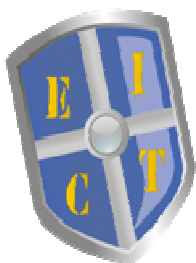
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**Professional Hypnotherapy Practitioner Course
&
Personal Resource Orientated Psychotherapy
(PROP)**

Aversa (CE) Italy

**In association with
The Essex Institute
the Association for Professional Hypnosis & Psychotherapy (APHP)
the National Register of Psychotherapists & Counsellors (NRPC)**

Modulo Annualità



The Essex Institute

Professional Training in Complementary Health



COMPASSION & HUMILITY





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The Essex Institute
Training in Clinical Hypnosis and Psychotherapy

Personal Resource Orientated Psychotherapy **Primo anno: (First year)**

Metodologia del PROP (The methodology of the PROP);

Basi teoriche (Theoretical basis);

La Psychotherapy orientata alle risorse personali (Personal Resource Orientated Psychotherapy -PROP);

Psicologia della Personalità- Personality psychology;

Psicologia Generale - General psychology;

Counselling e Psicoterapia - Counselling and Psychotherapy;

Hypnotherapy .

Workshop primo anno.

Recommended Books:

General psychology - Psicologia generale - di Daniel L. Schacter, Daniel T. Gilbert, Daniel M. Wegner;

Personality psychology - Modern Personality Psychology- Moderna Psicologia Della Personalita'(Caprara G.V. , Van Heck G.L.);

Counselling and Psychotherapy- the Sage Handbook of Counselling and Psychotherapy- Sage Publications (third edition);

Hypnotherapy - Professional Hypnotherapy Practitioner Course (Terence Watts):

Dispense (partwork).

Esame per hypnotherapist (**final exam for hypnotherapist**);

Esame primo anno -(exam first year).

Secondo anno: (second year)

Symbio Dynamics I;

Psicologia Dinamica - Dinamic psychology;

Psicopatologia – Psychopathology;

Storia, teoria e tecniche delle Psicoterapie- Hystory, theory and techniques of the Psychotherapies.

Elementi di Psicometria – Psychometrics;

Workshop secondo anno.

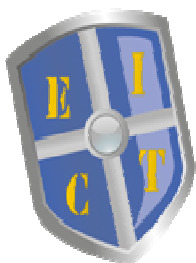
Recommended Books:

Hystory, theory and techniques of psychotherapy: History of Psychotherapy: Continuity and Changeby John C. Norcross, Gary R. Vandenbos and Donald K. Freedheim(Jul 15, 2010)

Dinamic psychology: Freud;

Dispense (partwork).

Esame secondo anno -(exam second year).



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Terzo anno – (third year)

Psychosexual Disorders I;
Analytical Psychotherapy;
Elementi di Psicodiagnostica - Psychodiagnostic Elements
Psicologia Sociale - Social psychology;
Elementi di Psichiatria e Psicofisiologia - Elements of Psychiatry and Psycho-Physiology; ;
Elementi di Anatomia- Elements of Anatomy;

Workshop terzo anno.

Recommended Books:

Elementi di Psichiatria e Psicofisiologia – Kaplan, Sadock, Grebb. Psichiatria, Manuale di Scienze del comportamento e Psichiatria clinica;

Elementi di Anatomia – Neuroscienze, Guyton A.C., Ed. Piccin Padova;

Social psychology - The Sage Handbook Of Social Psychology -*Concise Student Edition*- Cooper Joel M.(Cur); Hogg Michael A. (Cur);

Dispense (partwork).

Esame terzo anno -(exam third year).

Tesi (thesis)

International Diploma in Psychotherapy.

Quarto anno- (Fourth year)

Analytical Hypno-Psychotherapy;
Symbio Dynamics II;
Psychosexual Disorders II;
M.A.G.I.C. (Motivation, Allocation, Generation, Imagination, Cooperation);
Hypnoanalysis;

Workshop quarto anno.

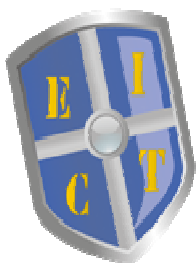
Recommended Books: Freud;

Dispense (partwork).

Esame quarto anno -(exam fourth year).

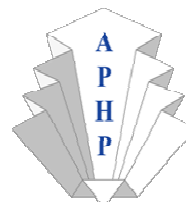
Tesi (thesis)

International Advanced Diploma in Psychotherapy.



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